

# OurERC A Local Business Newsletter

Powered by Employer's Resource's of Colorado



ERC is proud to announce we can now be found on Facebook and Yelp! Check those to find updates on payroll, benefits, safety and more.

Make sure to leave a review so we can see how we are doing. We will also be updating these pages with information concerning procedure changes and other local business information!

## Did You Know?

ERC is planning to **DONATE** to a charity in Colorado EVERY MONTH, in order to support our great community. In honor of the recent Memorial Day, the charity we have chosen this month is;

### AdoptaPlatoon!



ERC will be sending care packages to the soldiers overseas which will be received by July 4<sup>th</sup>. Necessary items such as toiletries and snacks will hopefully help to remind these brave individuals that we continue to support their efforts to ensure our freedoms here on the mainland.

If you know any charities that could use some kindness this month, please feel free to leave a comment/review on of our social media pages, or contact the ERC office directly!

## #ClientCorner

### Handmade by Heroes!

ERC would like to highlight one of our clients for their humanitarian efforts, especially with their help to contribute to AdoptaPlatoon for our ERC charity month!

When a soldier is injured critically while on duty, their options as a civilian become unfortunately limited. Handmade by Heroes provides a relief to these brave individuals by employing over thirty of these veterans as well as their caregivers to create products that help bring awareness to their situation and the struggles of many returning soldiers.

Handmade by Heroes has this response on their website;

"...we have designed an employment program that teaches U.S. Veterans the necessary job skills that they need to succeed." The organization also partners itself with; the U.S Department of Veterans Affairs, the Army of Wounded Warrior Program, as well as the Rocky Mountain Human Services, to further aid veterans in their transition.



Their bracelets (shown above) are made of paracord, a strong material originally used by military parachutists to connect their parachute with their jumper. Its durability guarantees a product that will last! This is just one of their many customizable items in Handmade by Heroes incredible inventory. They even have products for your pets!

To learn more about Handmade by Heroes and to show your support, check out the company website, @ [www.handmadebyheroes.com](http://www.handmadebyheroes.com)

## Roll with **Our** Payroll

ERC would like to thank our clients and their employees for helping us **GO GREEN** by using **MyERC** to submit their payroll information! We appreciate your time and effort to learn this new system, and we are always happy to answer your questions! To help make this process more efficient and accessible, ERC has provided a note posted to the Employer's Resources of Colorado Facebook page that describes how to use **MyERC**, and we will also be implementing a **MyERC** training which will be held online for your convenience! The date for that training will come soon, so make sure to keep an eye out for an e-blast, and as usual, check our Facebook page for other information updates!



## Safety stuff

It is proper nutrition and regular exercise that are vital to living a healthy lifestyle and even a more productive work day! Engaging in just 30 minutes of aerobic exercise a day and eating healthy snacks and meals can make a difference. Additional things you can do

include eliminating alcohol, not smoking, and taking the stairs instead of an elevator. Purchase a Fitbit or one of the many apps that keep track of your steps per day – 10,000 steps = about 5 miles! Walking is a low impact exercise and has great benefits. Keep a journal of your progress and even write down how you feel! This is a great way to keep your body strong and lower your risk of injury in the workplace.

### Dates to Remember!

### ERC will be CLOSED

Friday, July 3<sup>rd</sup> for the Independence Day Holiday

\*We apologize for any inconvenience\*

### Stay Connected!

Check out our website for all up-to-date client and employee forms! <http://www.erccolorado.com/>

### Our Mission

Employer's Resources of Colorado's mission is to assist local businesses to focus on their core competencies by providing affordable outsourcing of administration, at a level that exceeds customer service expectations.



